

005-03

Room:313

Time:April 29 10:05-10:35

Balance with caring for parents, caring for children, and studying-My experience in caring for my parents-

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Suddenly one day, if your parents are given half a year to live and you become care for your parents-. The caring for parents suddenly comes to you and may continue for a long time. When I was caring for my little children, my father was given half a year to live due to cancer. I will talk about my experience for caring for my father, caring for children, and studying in this session. Shall we think about caring for parents from each point of view regardless that you experienced or not?

Now my children are university and high school students. I will also talk about the difference of life-work balance between the childhood and adolescence.