

An Encouragement of doing *Ikumen* and taking *paternity leave*

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The author has a confident to contribute to all male scientists, who have an idea of taking a *paternity leave*. We can learn many things and grow up ourselves by taking care of children. However, the time as to be a current parent especially for a small child is too short. Thus, male scientists should do *Ikumen* right now and take *paternity leave* if necessary.

The term parental leave includes maternity, *paternity*, and adoption leave. The minimum benefits are stipulated by Japanese law. Although such valuable supports are provided by the government, there are few people experienced *paternity leave*. One of the reasons is too worry about eyes of surrounding people such as colleagues and neighbors. Even they take *paternity leave*, they may have a hard time to take care of children. Parenting is different from repeating same things as just for feeding, substituting diapers, etc. It is an important work to bring up and to educate children, precious talented people in the near future. Praising, encouraging and smiling are the most important for education not only for children but also for all people. *Ikumen* experience will be sure to help your private life as well as academic and scientific works.