Can you consider my past classroom practice as so-called active learning?

*Satoshi Miyajima¹

1.Saitama prefectural Fukaya dai-ichi High School

At the beginning the past activities in my classes, for example experiment training, looking back on the class by student oneself and the method of evaluation to the student by me are introduced. Then we argue whether we can consider my past classroom practice as active learning type class demanded in the future.

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